

Overdose Response Card

Print these cards double sided and distribute to help spread vital information on recognizing an overdose, how to respond, and resources to get help.

Signs of an Overdose

- Unresponsive or unconscious
- Slow or no breathing
- Blue or gray lips or fingertips
- Gurgling or snoring sounds

What to Do

- Call 911
 - Say, "Someone is unresponsive and may be overdosing."
- Give naloxone, multiple doses may be necessary if the person remains unresponsive
- Perform rescue breathing or CPR if you're trained
- Lay the person in the recovery position and stay with them until help arrives



Recovery position

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Get Naloxone

- nextdistro.org
- portal.ct.gov/dmhas/program-s-and-services/opioid-treatment/naloxone

Resources

CT Substance Abuse Access Line:
800-563-4086

SAMHSA Helpline: 800-662-4357

- Naloxone & Overdose Response App from the CT Department of Public Health: egov.ct.org/norasaves
- liveloud.org
- ghrc.org



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